



Winter 2024

PONY EXPRESS

Sunrise Therapeutic Riding & Learning Centre

CHRISTMAS FUNDRAISING CAMPAIGN 2024

“HAPPY HORSES”

This year's horse Ambassador- Ella with partner Brooke F

The Sunrise horses are well trained, gentle and empowering - they truly hold the key to the strength and success of our many programs. They are the quiet, silent and intuitive partners that positively impact the lives of all the children and adults we serve .



Brooke bonding with Cadbury

Ella is a 16.1hh, 12-year-old, Clyde X, bay mare. She had problems with her legs as a foal, and they had to be bandaged for support. But Ella grew into an athletic 'Eventing' horse and competed regularly. When it was time for a different life for Ella, she joined the Sunrise team of therapy horses, and one of her riders - Brooke - is the best person to explain her value now:

“My muscles are tighter than the average person, especially my hips, so getting on the horse and having that stretch... it loosens everything in a way I can't do for myself. I don't know what it feels like to walk or run without my walker; it's with me 24/7... **Trotting on Ella** is like an 'out of body' experience ...We are like one.... it's the most freeing (time) of my week” - Brooke F

These gentle creatures continue making this positive impact because of the amazing **sponsors** who generously give towards their daily care and ongoing training.

ELLA NEEDS A SPONSOR! Many donors cannot give \$5,000 to sponsor a horse for a year, or \$2,500 to co-sponsor, but there are those who may be happy to "crowd sponsor" and join others with smaller donations, towards a common goal. **Every dollar counts!**



Brooke on Ella

Thank you for your ongoing support.

We wish you a Merry Christmas, and a very Happy New Year!



Lynne O'Brien
Executive Director



Ann Caine
Advisory Council Chair
& Volunteer Fundraiser

WE NEED SPONSORS!



Jackie

15.3 hh. Gray Shire/Qtr. horse mare



Titan

16.2 hh. Black Clyde/Hackney gelding



Chance

15.1 hh. Liver Chestnut Morgan X gelding

Thank you for your consideration in support of the "Happy Horses" Christmas Campaign!



HAPPY HORSES: THE HEART OF WHAT WE DO

What does this mean?

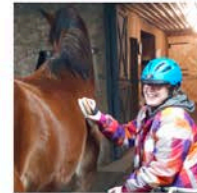


Feeding schedules are designed for the unique needs of each horse

Each horse is checked daily to ensure health & safety



Ongoing training and exercise are essential for their job



Each individual HORSE'S needs - mental and physical health - are our priority



Proud partner, through CanTRA, of Equine Guelph

WWW.SUNRISE-THERAPEUTIC.CA

ANNOUNCING A NEW FUNDRAISER

"HIKE FOR HORSES"

OCTOBER 19th, 2025

On Sunday afternoon, October 19th, 2025, avid hikers, and family groups will set out to hike the Sunrise trails in support of the "HAPPY HORSES" Campaign Part One. 5km & also shorter trails.

Planning is underway- there will be 5 check points along the trails, with a competitive Treasure Hunt at each one. Dogs are welcome but will need to be leashed for safety.

Face painting for children & the young at heart, interactive games, a marketplace and many other activities. Save the date - we hope to see you there!

Watch for more information on the website, Facebook and in the Spring Pony Express.

RECOGNIZING CREATIVE LANDSCAPE DEPOT



Blake Sicard, Business Development Manager at Creative Landscape Depot in Guelph, was instrumental in starting their Charity Golf Tournament five years ago. From the first tournament the funds raised have supported the work of Sunrise and other local charities. This year's tournament was in support of Cambridge Shelter's social enterprise, "In Our Backyard", and the many Sunrise programs for children and adults with disabilities. We were presented with an amazing \$11,000! Appreciation is extended to Blake and the organizing team, for their hard work and support. Also, to Janice R & Sue S at the Sunrise booth.

GRAND RIVER AGRICULTURAL SOCIETY

Sunrise is the recipient of a generous \$5,000 grant from Grand River Agricultural Society, to insulate the Rotary Club of Guelph's Nature Pavilion, in the Sunrise Butterfly Gardens, near the Frog Pond. This upgrade will ensure the space can be used for Sunrise's nature programming, throughout the hottest summer months. These funds are also to purchase much needed horticulture and horse care equipment for the Life Skills program. Appreciation is extended to GRAS for their support.



**Grand River
Agricultural Society**

APPRECIATION TO THE STOIDI GROUP



L-R: John Miller, Ann C (Sunrise), Mark Golding, Suzy B & Firefly (Sunrise), Jamie Miller, Steve Fay & Jim Hurst.

Stoidi members are successful business professionals. They are a network of proactive leaders and mentors, focused on fundraising and charitable generosity.

The group supports Ontario based charities making a difference in local communities. Currently they focus on organizations assisting children, mental health, disabilities and food for the needy.

Members of the Stoidi Group presented a cheque to Sunrise from their charitable golf tournament for \$15,000! This support is so much appreciated by everyone at Sunrise and will have a direct positive impact on many levels of supportive programming for the vulnerable population we serve.

OUTSTANDING VOLUNTEERS

Appreciation is extended to Amy of Tomboyz Landscaping, and Andrew of Copper Connctionz, who together tackled the joint tasks of bringing the Butterfly gardens back to a peaceful and manageable environment, and the Frog ponds and stream back to a fun frog habitat to engage and excite our summer campers. Your hours of volunteer work did not go unnoticed. Thank you!



CanTRA CONFERENCE

Sunrise will host the CanTRA National Conference from May 2nd-4th 2025, in celebration of CanTRA's 45th Anniversary. Single day registration is available.

For further information, contact **CanTRA Head Office Administrator**- Rachel at 519-767-0700 or send an email to ctra@golden.net.

INTRODUCING BECKETT

Beckett is a Service Dog-in-Training, who has joined the office staff, seen here with her foster mom, Sunrise instructor, Suzy.



SAVE THE DATE

- June 22nd, 2025: Celebrate Sunrise!
- Sept 28th, 2025: Forest Memorial/In Honour Ceremony
- Oct 19th, 2025: "Hike for Horses"- New Fundraiser
- All of the above are afternoon events

Sunrise Mission

To develop the full potential of children and adults with special needs through horse riding, therapy, education, recreation, and life skills programs, farm related and social activities.

To further develop and expand Sunrise programming, to support a Residence / Respite Village Community.



@sunrisetherapeutic

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Newsletter Development and Editing: Ann Caine
Newsletter Design: Rachel Reeve
Photography: Jessica Goyda, Ann Caine & Fiona Ryder

Please email office@sunrise-therapeutic.ca or call to receive your newsletter by email, to request this publication in a different format, or to be removed from our mailing list.

Contact Us

Mail: 6920 Concession 1, Puslinch ON N0B 2J0
Phone: (519) 837-0558 Fax: (519) 837-1233
Email: office@sunrise-therapeutic.ca
Web: (For further information) www.sunrise-therapeutic.ca
Office Hours: Mon - Fri 8:00 - 4:30
(Tours and visitors are welcome by appointment)
Sunrise is a proud member of:

Ontario Equestrian
Guelph Chamber of Commerce
Cambridge Chamber of Commerce

Volunteer Action Centre
SKIC (Supporting Kids in Camp)

Proud Partner of Equine Guelph,
through the Canadian Therapeutic Riding Association (CanTRA)
Registered Charity 11920 6027 RR0001



EQUINE GUELPH
helping horses for life